



## About Gilles Marin

[Click here to book a Chi Nei Tsang treatment with Gilles.](#)

[Click here to study with Gilles.](#)



### CREDENTIALS

- Director of the Chi Nei Tsang Institute, California
- Founding Director - School of TaoTouch, California
- Co-directeur de l'institut de Chi Nei Tsang - Nice, France
- Universal Healing Tao and Chi Nei Tsang Senior Instructor
- Author - *Healing From Within with Chi Nei Tsang* | *Five Elements, Six Conditions: A Taoist Approach to Emotional Healing, Psychology, and Internal Alchemy* | *Healing Buddha Palms Chi Kung*
- Author/Speaker - *Healing From Within* - guided meditation audio series - available as [CDs](#) or [audio downloads](#)

### QUOTATION

"There is no intelligence required for healing. To heal, we don't need to be intelligent, we don't need to be good, and we don't need to deserve it. Healing is pure grace. To heal, we do need honesty. We need to be true to ourselves. We need to be able to admit that we have feelings we wish we didn't have. We need to own these feelings so we can outgrow them, and so we can mature as human beings."

### BIOGRAPHY

Gilles Marin is the Founder and Director of the Chi Nei Tsang Institute and TaoTouch® in Northern California. Gilles has studied and practiced massage therapy since 1976. Born in the south of France, he received his degree in Philosophy of Education and afterwards studied with Aikido Master Andre Noquet, then in his seventies and President of the European Aikido Federation. Master Noquet taught traditional healing methods such as kuatsu, shiatsu and jin shin jyutsu which he studied in Japan in the 1950's with legendary martial arts master and peace activist Morihei Ueshiba, founder of Aikido.

Gilles moved to the United States in 1980, where he received his Black Belt in Aikido and became a student of Tai Chi Chuan under Martin Inn. During this period, he studied the principles and theories of Traditional Chinese Medicine with Dr. Stephen T. Chang, completing a program of study which included Chi-Kung or Vital Energy Cultivation, Classical Chinese Herb Formulas, Principles of Acupuncture, Taoist Sexology, the I-Ching or the art of consulting oracles and reading augurs, and Feng-Shui, the ancient Chinese art of geomancy. He began his professional practice and teaching massage therapy in 1982. In the spring of 1983 Gilles stumbled upon one of Master Mantak Chia's lectures on Taoist disciplines, beginning his involvement with Master Chia's International Healing Tao System that has lasted to this day. Gilles is certified by Master Chia to teach the International Healing Tao System and Chi Nei Tsang.

Gilles holds a degree in Philosophy of Education. He served as the Technical Editor for Master Chia's book: *Chi Nei Tsang, Internal Organs Chi Massage* released in 1990 by Healing Tao Press. He is author of *Healing from Within With Chi Nei Tsang* released in January 2000 by North Atlantic Books and *Five Elements Six Conditions: A Taoist Approach Emotional Healing, Psychology, and Internal Alchemy*, published in 2006 by North Atlantic Books. You can find them [here](#).

He is currently releasing a new ebook series *Biology of Consciousness: One Mind, Five Intelligences* with accompanying [online classes](#).

Gilles was born in France on Bastille Day, July 14th, and is a Fire Monkey in Chinese Astrology.

**May 2017**

Gilles Marin is honored to have been inducted into the  
[Massage Hall of Fame!](#)

Gilles Marin - Massage Hall of Fame Speech - Ma...



Web services by [Schmarketing](#)

© 2024 Chi Nei Tsang Institute/TaoTouch®.  
All rights reserved.

